

# OTTAWA CITIZEN



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## Fit for a ball

Gown and suit? Check. Killer heels and hairdo? Check. Getting ready for a night out on the town is an exciting time and full of anticipation of what is about to come. Sarah and Dean Lake offer a dress rehearsal for what to wear at the glamorous Snowflake Ball.

BY JANET WILSON, OTTAWA CITIZEN MAY 3, 2013



Sarah and Dean Lake are attending the Snowflake Ball's Springtime in Paris charity event on May 4 at Hilton Lac-Leamy.

Photograph by: Chris Mkula , Ottawa Citizen

Dressing for a gala offers the chance to pull out all the stops, to wear fine threads, sparkling jewelry and to get your hair and toes done. It's the opportunity to wear the perfect dress and the perfect shoes for a night while often raising funds for a good cause.

Sarah and Dean Lake are attending the Snowflake Ball's Springtime in Paris charity event on May 4 at Hilton Lac-Leamy. Sarah, a popular Ottawa artist, was outfitted in a gown by David McCaffrey Haute Couture, and Dean, marketing director for Arc the Hotel, was decked out in clothing

from Hudson's Bay at Bayshore.

The couple enjoy getting dolled up, socializing and dancing in a glamorous setting.

"I rarely get the time to even put on makeup or dress up, so I really look forward to going to an event like this," Lake says. "It gives you an opportunity to step outside yourself for the night and to not have a care in the world."

The ball is now in its 14th year and is a fundraiser to benefit CHEO's

Inflammatory Bowel Disease Centre and ScreenColons Canada.

The gourmet menu, prepared by executive chef Danny Lecours and his team at the Casino du Lac-Leamy, includes guinea fowl and lobster, Dover sole and black truffle-cruste veal tenderloin and a Parisian chocolate extravaganza for dessert. A late night dessert buffet, created by Le Cordon Bleu Ottawa, will feature delectable French desserts. There will also be a Scotch whisky-tasting bar courtesy of Bowmore Distillery.

Guests describe the evening as one of the most romantic, glamorous evenings of the year.

“The setting is beautiful and the mood is light and happy. There is a huge live auction, music, a four-course dinner and an hour-and-a-half cocktail party,” says co-chair Yvonne Jason, who estimates that there will be 560 guests.

For more information, visit [snowflakeball.com](http://snowflakeball.com).

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